

Can the Meat from Angus Crossbreds with *Bos indicus* Dams Compete with that from *Bos taurus* Dams in Organoleptic Properties and Fatty Acid Profile?

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Abstract

It was experimentally determined whether crossbreeding with *Bos indicus* dams compared to *Bos taurus* dams may provide meat which is competitive in organoleptic properties and fatty acid (FA) profile and if tenderness, assumed to be lower, is really adversely affected. Eight Black Angus × White Lamphun (A×W) bulls were compared with 8 Black Angus × Holstein Friesian (A×H). *M. longissimus thoracis*, *M. semimembranosus* and *M. infraspinatus* were analyzed for organoleptic properties and objective explanatory properties related to tenderness, as well as FA profile.

Tenderness was judged lower in the *M. infraspinatus* of A×W than A×H, but not in the other muscles. Shear force and collagen solubility tended ($P < 0.10$) to be lower in all 3 muscles of A×W compared to those of A×H. The fat content of the *M. longissimus thoracis* from A×W was lower than that from A×H. The lipids in the *M. longissimus thoracis* from A×W were richer in polyunsaturated FA and total n-3 FA, and poorer in C18:0 and saturated FA than those of A×H. Furthermore, the lipids of the *M. semimembranosus* from A×W had higher proportions of C14:1 and C16:1 than that of A×H. The FA in the *M. infraspinatus* from A×W had higher proportions of C18:3 n-3, mono-unsaturated FA and total n-3 FA and the proportion of saturated FA was lower than in A×H. The *M. infraspinatus* from A×W was lower in cholesterol content than that from A×H. There were some differences in tenderness (inferior in White Lamphun crossbreds) and FA profile (superior in White Lamphun crossbreds), but differences were numerically small and, thus, may be of low practical relevance. Therefore, crossbreeding with indigenous *Bos indicus* cattle does not seem to be restricted by low meat quality.

Keywords: White Lamphun, Angus, Holstein, crossbred, meat tenderness, fatty acid

Introduction

Traditionally, most beef in Thailand has been produced by native breeds. However, the decrease of the native cattle population observed in recent years has threatened to reduce the level of beef production. White Lamphun cattle, an indigenous *B. indicus* breed, is widespread in the northern region of Thailand. It is well adapted to the hot climate, is very fertile, and has low requirements with respect to management and nutrition. On smallholder farms, White Lamphun are used as draft animals and the cows are kept for calf production. In recent years, a high-quality beef market has steadily developed in Thailand. Thai native beef cattle are relatively light and have a poor growth performance [1]. Butchers prefer heavy carcasses and, therefore, the average carcass weight of slaughter animals has substantially increased in Thailand recently. Another constraint of *B. indicus* cattle and their crosses is that they are expected to produce meat with low tenderness [2]. Still, crossbreeding between *B. taurus* and *B. indicus* has been a common practice in the beef cattle industry for a long time as a way to improve productivity in both the dam and calf [3].

Based on this scenario, we were interested in the efficiency of crossbreeding to improve the performance and beef quality of native cattle breeds. In this respect, Thai native dams have to compete with dams of the Holstein Friesian breed, a *B. taurus* genotype, which is common in Thailand for intensive milk production and which is attractive in beef quality but is quite low in growth performance [4]. Holstein crossbreeding with a beef breed might, therefore, yield carcass and meat quality superior to that of indigenous cattle. Several studies have shown that breed is among the factors having influence on the sensory attributes and physicochemical properties of beef. This includes beef fat quality [5]. In this respect, the breed effect on the fatty acid (FA) profile is mostly mediated via the effect on overall fat content, as fat depots have high proportions of neutral lipids, whereas functional lipids are rich in phospholipids in the muscle [6]. The latter are richer in polyunsaturated FA (PUFA). Indeed, experimental evidence suggests that there is a genetic influence on the FA profiles of beef cattle, with important differences between *B. taurus* and *B. indicus* cattle [7]. Also, the within-breed variability observed in FA profile has initiated attempts of improvement by selection [8]. Consumers prefer beef which is not only tender, but also has a high quality with respect to nutrition and health [9], including a favorable fatty acid profile and a low cholesterol content, as consumers' awareness of the nutritional value of foods which may promote health and prevent diseases [10] is increasing. Jaturasitha *et al.* [11] recently compiled information about how to deal with these issues from a producer's point of view. One of these options, crossbreeding of indigenous cattle with beef breeds, was selected to be studied in closer detail in the present experiment.

The main hypothesis tested in the present study was that the meat from crossbreds with *B. indicus* dams is superior to that from *B. taurus* dams in the fatty acid composition of the intramuscular fat, even though the meat may be inferior in tenderness. For this purpose, meat was investigated that originated from an experiment where carcass and selected other meat quality traits, like pH, color, water-holding capacity, chemical composition, and oxidative stability (*M. longissimus thoracis* (LT) only) have been described [12]. The experiment had been performed with crossbreds having White Lamphun and Holstein cattle as dam breeds. As a sire breed, Angus, one of the most intensively growing and early maturing beef breeds, was chosen. Some cattle farm data are available from Angus × White Lamphun (A×W) crosses. However, for this crossbred type, meat quality still remains to be explored. By contrast, data on the performance of Angus × Holstein (A×H) crossbred are registered and have long been reported [13]. No comparative information about the sensory quality and nutritive properties of the meat of these 2 crossbred types is available.

Materials and methods

Animal caretaking

The experimental procedure was approved by the Thai Institute of Animal Care Development for Science (approval number U1-0380-2559).

Animal, experimental design, and diet

A completely randomized experimental design was applied. Eight bulls of each crossbred type were randomly selected to be slaughtered at 20 to 24 months of age in order to obtain meat samples for the determination of the differences between crossbred types in meat quality. During fattening, the bulls were fed 3 kg of commercial concentrate containing 16 % crude protein and, additionally, roughage (fresh or silage) at *ad libitum* access. They had also free access to drinking water. Bulls were fattened at a commercial farm (Chiang Mai Fresh Milk Company, Thailand) and were slaughtered in a local abattoir, applying current industry practices. Live weights at slaughter and chilled carcass weights were 319 ± 73 and 334 ± 57 , as well as 167 ± 45 and 169 ± 30 kg (means \pm standard deviations) for A \times H and A \times W, respectively, and there were only minor differences in muscularity (loin eye area) and carcass fatness (back fat thickness) (for details see [12]). Twenty-four hours after exsanguination, samples from 3 muscles were obtained and trimmed of adhering fat. Muscles included the *M. longissimus thoracis* (LT) (from between the 6th and 12th rib), the *M. semimembranosus* (SM), and the *M. infraspinatus* (IS). All samples were cut into 2.54 cm thickness meat slices, vacuum packed, and kept at -20 °C for later analysis.

Sensory attributes were evaluated by an 8-member group of trained panelists, scoring the cooked beef steak according to the procedures outlined by AMSA [14]. The samples of each individual animal and muscle were covered with aluminum foil and heated to an internal temperature of 70 °C in a convection oven pre-heated to 200 °C. The internal temperatures were monitored by a copper thermocouple (consort T851, Cohaset, MA, USA). Pieces of a size of 1.5 \times 1.5 \times 2.54 cm³ were cut and served warm in triplicate to each panel member. Samples were served subsequently to each other in a randomized order with respect to crossbred type and animal. All 48 samples (3 muscles from 16 animals each) were tested by every panelist. The panelists rated samples for tenderness, firmness, flavor intensity, juiciness, and overall acceptability, using a 9-point scale with 1 = highly unfavorable and 9 = highly favorable.

Meat slices were subjected to the Warner-Bratzler method to determine shear values after having been put into plastic bags and heated at 80 °C in a water bath (Korimat Model 120/1.6, Christian Wanger, Esslingen, Germany) until a meat core temperature of 70 °C was reached. Core temperature was measured with the same device that had been applied during cooking of meat for sensory analysis. The meat was then allowed to cool to room temperature. Six cores (diameter of 1.27 cm) were manually obtained from each meat sample in parallel to the longitudinal orientation of the muscle fibers using a hand-held coring device. Maximal shear force and shear energy were measured using a Warner-Bratzler shear blade mounted on a texture analyzer (Model-TA.XT plus Stable Micro System LTD., London, UK.). A crosshead speed of 200 mm/min with a 5 kN load cell was used, calibrated to read over a range of 0 to 100 N [cf 15].

Contents of total insoluble and soluble collagen were determined in 15 g of minced, homogenized meat (12,000 rpm for 20 min at 4 °C) using a Nissel Am-8 homogenizer (Nihonseikikaisha Ltd, Japan). Samples were subsequently heated in a water bath at 77 °C for 63 min in 0.25 strength Ringer's solution [16]. After homogenization, supernatant and residue were individually hydrolyzed in 6 M HCl for 18 h at 121 °C. The residue was neutralized with 5 M NaOH. The content of hydroxyproline was determined in duplicate for both hydrolysate and residue solutions by a spectrophotometric method [16]. Proportions of soluble and insoluble collagen were calculated by multiplying the hydroxyproline content by 7.25 and 7.52 for the residue and the supernatant, respectively. Collagen solubility was calculated as the proportion of soluble collagen of the sum of soluble and insoluble collagen.

Intramuscular fat content and cholesterol were determined in meat samples thawed at 2 to 4 °C for 24 h in a refrigerator. The samples were ground in a household blender (Moulinex, model DPA1) and then subjected to standard ether extract analysis as the measure for intramuscular fat [17]. Cholesterol

was quantified after extraction of the fat [18] and its saponification. In the residual extract, cholesterol was measured colorimetrically [19].

The fatty acid composition of the intramuscular fat was determined in samples drawn from the interior of each muscle and ground using a blender (Moulinex; model DPA1). Lipid extraction was done by a mixture of chloroform and methanol (2:1; v/v) [18]. Approximately 15 g of the muscle sample was homogenized for 2 min with 90 ml of the chloroform-methanol solution (Nissel AM-8 Homogenizer, Nihonseikikaisha, Ltd., Japan). Fatty acid methyl esters were prepared according to Morrison and Smith [20]. Gas chromatographic analysis was accomplished with model GC-14B of Shimadzu (Kyoto, Japan) equipped with a 0.25 mm × 100 m × 0.25 μm wall-coated fused wax capillary column. The carrier gas was nitrogen. Oven temperature programming included an increase from 50 to 220 °C at a rate of 10 °C/min, held for 35 min, up from 200 to 230 °C at a rate of 5 °C/min, and then held at 230 °C for 20 min. The injector volume was 1 μl and the temperature of the flame ionization detector was 250 °C. Chromatograms were processed using the Millennium 2010 Chromatography Manager (Millipore Corp., Milford, Massachusetts, USA). Identification was accomplished by comparing the retention time of peaks from the samples with those of FAME standard mixtures (*Supelco*® 37 Component FAME Mix). The quantification of FAME was based on an internal standard (margaric acid, C17:0) and on the conversion of the relative peak areas into weight percentages, using the true response factor of each fatty acid (ES ISO 5508, 1990). Fatty acids were expressed as proportions of the sum of all fatty acids identified.

Statistical analysis

Data were subjected to analysis of variance. The significance of the differences between the 2 crossbred types were statistically analyzed by an independent 2-tailed Student's t-test. Breed differences were considered significant at $P < 0.05$, and $0.05 \leq P < 0.10$ was considered as a trend. All calculations were performed with SAS version 6.12 (SAS Institute Inc. Cary, NC, USA).

Results and discussion

The sensory analysis showed that the attribute tenderness was judged less favorable ($P < 0.05$) in the IS of the A×W compared to A×H, but scores did not significantly differ in LT and SM (**Table 1**). The scores for the attributes of firmness, beef flavor intensity, juiciness, and overall acceptability were not statistically different between crossbred types in any of the muscles investigated. Differences between crossbred types in terms of shear force and shear energy approached significance ($P < 0.10$) in the IS, with higher force and energy needed for the IS of A×W compared to A×H. The content of soluble collagen tended ($P < 0.10$) to be lower in A×W compared to A×H in SM and IS, and in all 3 muscles of A×W compared to A×H there was a trend ($P < 0.10$) towards a lower collagen solubility. The intramuscular fat content of the LT from A×W was lower ($P < 0.05$) than that of the A×H, whereas the differences in the other muscles were not significant. The IS from the A×H was lower ($P < 0.05$) in cholesterol than that from the A×W, and the same trend ($P < 0.10$) was apparent in the 2 other muscles.

The contents of only a few fatty acids in the intramuscular fat of the LT differed ($P < 0.05$) between breed types (**Table 2**). The LT from the A×W had higher ($P < 0.05$) proportions of C17:1, PUFA, and total n-3 in total fatty acids, as well as a higher PUFA:saturated FA (SFA) ratio than the LT from A×H cattle. In turn, the LT from A×W presented higher ($P < 0.05$) proportions of C18:0 and SFA in total fatty acids than that of A×H cattle. The lipids of the SM from the A×W cattle had higher ($P < 0.05$) proportions of C14:1, C16:1, and C17:1 fatty acids in total fatty acids than the SM of the A×H cattle. In the IS from the A×W, proportions of C18:3 n-3, mono-unsaturated FA (MUFA), and total n-3 fatty acids in total fatty acids were higher ($P < 0.05$) than that of the A×H cattle. In compensation, the IS of the A×W had lower ($P < 0.05$) proportions of SFA in total fatty acids than that of the A×H cattle. The proportion of the conjugated linoleic acid isomer C18:2 cis-9, trans-11 in total fatty acids showed a trend ($P < 0.10$) to be higher in LT and SM of A×W compared to A×H cattle.

Table 1 Sensory perception and explanatory variables for tenderness of 3 different muscles obtained from 2 crossbred types (mean ± SD).

Trait	Muscle Crossbred	<i>Longissimus thoracis</i>			<i>Semimembranosus</i>			<i>Infraspinatus</i>		
		A×H	A×W	P-value	A×H	A×W	P-value	A×H	A×W	P-value
Sensory evaluation ¹⁾										
Tenderness		6.48±6.03	6.35±0.66	0.792	5.30±1.097	5.00±1.182	0.612	6.88±0.83 ^b	6.09±1.05 ^a	0.032
Firmness		5.65±0.58	6.06±0.68	0.222	6.44±0.188	6.65±0.573	0.332	5.83±0.65	6.17±0.37	0.221
Flavor intensity		5.75±0.55	5.92±0.34	0.478	5.66±0.345	5.68±0.291	0.842	5.89±0.499	6.17±0.313	0.202
Juiciness		6.03±1.19	6.06±0.94	0.955	5.33±0.807	4.85±1.321	0.409	6.48±0.74	6.34±0.90	0.738
Overall acceptability		5.92±0.85	6.09±0.208	0.594	5.72±0.503	5.33±0.722	0.232	6.60±0.58	6.25±0.75	0.306
Shear values										
Force (N)		63.2±1.4	66.4±2.6	0.067	65.2±2.6	67.3±2.0	0.083	41.7±2.6	44.7±2.2	0.061
Energy (MJ)		6.45±0.13	6.78±0.43	0.078	6.65±0.32	6.87±0.49	0.076	4.25±0.96	4.56±0.56	0.059
Collagen content (g/100 g)										
Total collagen		3.62±0.14	3.87±0.12	0.125	5.79±1.71	5.58±1.42	0.659	7.12±1.44	7.56±1.14	0.785
Insoluble collagen		2.84±0.25	3.12±0.41	0.071	4.31±1.47	4.44±1.62	0.895	5.23±1.23	5.75±1.25	0.061
Soluble collagen		0.78±0.31	0.75±0.28	0.248	1.48±0.14	1.14±0.23	0.066	1.59±0.70	1.81±0.48	0.096
Collagen solubility (%)		21.5±3.5	19.4±2.2	0.056	25.6±1.5	20.4±2.1	0.071	26.5±2.4	23.9±2.4	0.089
Intramuscular fat (g/100 g)		3.09±0.99 ^b	1.56±0.55 ^a	0.048	1.97±0.73	1.54±0.49	0.185	3.73±2.03	3.11±1.65	0.518
Cholesterol (mg/100 g)		43.3±1.85	40.5±1.31	0.052	43.2±1.74	40.9±1.13	0.058	50.8±1.35 ^b	46.8±2.04 ^a	0.043

Note: A×H = Black Angus × Holstein Friesian; A×W = Black Angus × White Lamphun.

Data are arithmetic means ± standard deviations from 8 replicates.

^{a,b} Means within the same row with different superscripts differ significantly (P < 0.05).

¹⁾ 1 = highly unfavorable, 5 = average, 9 = highly favorable.

Effect of crossbred type on tenderness of the meat

One main focus of this investigation was on whether or not tenderness is influenced by crossbreeding either White Lamphun or Holstein Friesian with Angus. This was assessed by sensory testing, physical resistance to shearing, and compositional variables known to influence tenderness, such as collagen content and solubility. In the case of a generally substantial proportion, a higher intramuscular fat content may also lower the muscle's resistance against being sheared, because of the dilution of the myofibers by the softer fat [21,22]. The sensory grading revealed a lower tenderness impression in one muscle (IS) of the *B. indicus* compared to the *B. taurus* crossbred type, whereas the difference was not significant in the other muscles. Still, trends in shear force substantiated a tendency for a lower tenderness of the A×W compared to the A×H meat. The shear force measured in the meat of all animals was, on average, beyond the threshold of 40 N, indicating tender beef [23], and the level of improvement achieved with the more favorable crossbred type was not sufficiently large to counteract this limitation. Explanations for the trend towards a lower tenderness in A×W compared to the A×H meat particularly include the tendency for a lower collagen solubility in the first. If this is really the case, extended cooking times for the meat to equalize the difference between crossbred types would prove useless. In the present study, total collagen content of the meat (LT) was lower than that found in other studies [24]. Earlier maturing breeds seem to deposit more collagen, with a greater proportion of insoluble material [25], whereas fast growing late maturing breeds have been reported to deposit more soluble collagen than earlier maturing breeds [24]. In the present study, both crossbred types were of similar age and slaughter weights [12], which is why the differences in the content of soluble collagen and in collagen solubility had to be dependent on dam breed. In this sense, Holstein showed a trend to be superior to White Lamphun concerning content of insoluble collagen (LT and IS) and collagen solubility (SM and IS). Still, the effect on the sensory impression of tenderness was limited. Some authors found occasionally no relationship between collagen content [26] or solubility [27] on one hand, and tenderness on the other hand, but in the present study, trends in collagen variables and tenderness/shear force at least numerically coincided. This was also the case for intramuscular fat content of the LT, which was lower in A×W than

A×H. However, this difference was not significant in the other muscles and, therefore, likely was not a major reason causing the trends in tenderness.

Table 2 Fatty acid profiles (given as percentages of the total fatty acids identified or as ratios) of the 3 different muscles obtained from the 2 crossbred types (mean ± SD).

Trait	Muscle	<i>Longissimus thoracis</i>			<i>Semimembranosus</i>			<i>Infraspinatus</i>		
	Crossbred	A×H	A×W	P-value	A×H	A×W	P-value	A×H	A×W	P-value
C12:0		0.28±0.09	0.20±0.07	0.059	0.18±0.05	0.21±0.07	0.405	0.27±0.06	0.33±0.20	0.494
C14:0		3.97±0.96	3.13±1.15	0.131	3.06±0.38	2.76±0.70	0.297	3.71±0.47	3.84±0.74	0.708
C14:1		0.56±0.24	0.71±0.30	0.278	0.39±0.14 ^a	0.67±0.24 ^b	0.014	0.79±0.48	1.02±0.36	0.409
C15:0		0.62±0.11	0.57±0.21	0.585	0.53±0.14	0.63±0.12	0.172	0.65±0.13	0.77±0.18	0.248
C16:0		27.8±2.2	26.7±1.1	0.222	29.0±3.2	27.3±1.6	0.173	26.6±1.2	24.3±3.4	0.134
C16:1		2.93±0.64	3.12±0.46	0.526	2.53±0.85 ^a	3.54±0.46 ^b	0.014	3.36±0.83	4.07±0.74	0.226
C17:0		1.34±0.40	1.50±0.20	0.330	1.09±0.19	1.22±0.14	0.122	1.52±0.39	1.50±0.14	0.877
C17:1		0.46±0.12 ^a	0.71±0.25 ^b	0.030	0.53±0.10 ^a	0.72±0.14 ^b	0.006	0.49±0.15	0.59±0.16	0.248
C18:0		20.4±2.0 ^b	18.5±1.1 ^a	0.035	20.8±3.6	18.6±2.7	0.181	20.6±2.1	19.0±0.8	0.065
C18:1 n-9		34.3±2.5	36.0±2.0	0.157	32.8±6.4	34.7±2.1	0.439	36.8±2.0	38.0±1.9	0.408
C18:2 n-6		2.62±0.35	2.99±0.45	0.274	3.64±0.58	4.16±0.62	0.426	2.54±0.85	3.19±0.94	0.334
C18:2 cis-9, trans-11		0.50±0.81	0.60±0.51	0.080	0.49±0.98	0.53±0.49	0.071	0.48±0.34	0.56±1.58	0.186
C18:3 n-3		1.52±0.21	2.05±0.68	0.066	1.88±0.64	1.98±0.71	0.775	1.39±0.14 ^a	1.94±0.48 ^b	0.009
C20:3 n-6		0.40±0.19	0.43±0.10	0.705	0.64±0.29	0.76±0.24	0.375	0.63±0.23	0.64±0.47	0.935
C20:5 n-3		2.21±0.65	2.73±0.58	0.107	2.46±0.86	2.27±0.48	0.603	0.25±0.07	0.26±0.07	0.789
Total SFA		54.5±2.5 ^b	50.6±1.0 ^a	0.005	54.7±2.5	51.0±6.1	0.140	53.3±1.8 ^b	49.7±3.4 ^a	0.027
Total MUFA		38.3±3.0	40.6±1.6	0.150	36.2±3.0	39.2±7.3	0.303	41.4±1.7 ^a	43.7±2.0 ^b	0.04
Total PUFA		7.25±1.60 ^a	8.80±0.82 ^b	0.029	9.11±1.59	9.78±1.86	0.413	5.29±0.55	6.59±2.27	0.145
Total n-6		3.02±0.93	3.42±0.56	0.294	4.28±0.93	4.92±1.17	0.328	3.17±0.46	3.83±2.03	0.398
Total n-3		3.73±0.81 ^a	4.74±0.69 ^b	0.014	4.34±0.08	4.25±1.03	0.863	1.64±0.18 ^a	2.20±0.47 ^b	0.013
PUFA:SFA ratio		0.13±0.03 ^a	0.17±0.01 ^b	0.007	0.17±0.03	0.19±0.03	0.130	0.10±0.01	0.13±0.06	0.114
n-6:n-3 ratio		0.81±0.19	0.73±0.18	0.443	0.99±0.19	1.16±0.33	0.338	1.93±0.28	1.740.74	0.501

Note: MUFA = monounsaturated fatty acids; n-3 = omega-3 fatty acids; n-6 = omega-6 fatty acids, PUFA = polyunsaturated fatty acids;

SFA = saturated fatty acids.

Data are arithmetic means ± standard deviations from 8 replicates.

^{a,b} Means within the same row with different superscripts differ significantly (P < 0.05).

Effect of crossbred type on other sensory attributes of the meat

The present results suggest that there is no major effect of using either *B. taurus* or *B. indicus* dam breeds on firmness, flavor, or juiciness as the further sensory attributes tested. Obviously, the trends of the differences observed in texture (shear values, tenderness impression) were not large enough to influence firmness impression or perceived juiciness (a trait often associated with tenderness) and, thus, overall acceptability.

Effect of crossbred type on fatty acid profile and cholesterol content of the meat

The amount and the nature of the lipids stored in the muscle mainly depends on nutrition, digestion, intestinal absorption, hepatic metabolism, and lipid transport to the muscle [28]. In the present study, influences of feeding, gender, and age had been widely excluded, the first by offering the animals the same amounts of concentrate per unit of body weight and the same forage. However, certain differences by the ingestion of different amounts of forage cannot be totally excluded. There are several ways how breed type differences in the fatty acid profile of the meat lipids could be explained. One is that there is an important breed type effect on the overall fat content of the muscles and, associated with this, the relative proportions and fatty acid composition of the neutral lipids and phospholipids [6], where phospholipids have a high PUFA proportion of in total lipids. Differences in fatty acid composition may also reflect possible genetic differences in fatty acid metabolism [29]. Accordingly, higher levels of the $\Delta 9$ -desaturase (16) index were found in Simmental cattle compared to Red Angus cattle [30]. Other researchers [31] detected a higher $\Delta 9$ -desaturase activity in Simmental compared to Charolais muscles, as derived from higher values of both $\Delta 9$ -desaturase (16) and (18) indices. Finally, Purchas and Zou [32] described differences in the proportions of several MUFA in total fatty acids between breed types, including Angus, Belgian Blue crossbreds, Holstein Friesian, Charolais crossbreds, and Wagyu crossbreds. These authors attributed such differences to a higher activity of the $\Delta 9$ desaturase present in Wagyu than in Angus or other breed types. In a review, Smith *et al.* [33] suggested that breed types differ in their ability to accumulate MUFA in their adipose tissues. A second complex of explanations could be given by muscle fiber types. Red fibers have a higher proportion of phospholipids than white fibers and, therefore, a higher proportion of PUFA [34,35]. Accordingly, compared to the LT, the lipids in the redder leg muscle *M. gluteobiceps* was found to have a higher PUFA:SFA ratio, due to higher proportions of most PUFA in total fatty acids [36]. When put into this context, the present results overall showed a certain consistency for SFA being lower and PUFA being higher in proportion in the lipids of the meat of A×W compared to A×H, but this was not found in all 3 muscles. Otherwise, there was no real consistency in the crossbred type differences in individual fatty acids across muscles. These results indicate that some of the present differences may have been random, despite reaching the level of significance. It may, therefore, also be questioned whether or not at least some of the studies quoted above were really describing genuine breed type effects, or whether some of these results were confounded with diet type and intake effects. It was also difficult to find consistency in breed type differences on the FA profiles of the muscles in the above quoted literature.

Cholesterol content is often considered to be associated with (intramuscular) fat content, a relationship apparent also in the present study, where the trend to lower intramuscular fat content in A×W compared to A×H was associated with a trend to a lower cholesterol content. This appears to restrict statements suggesting that breed does not affect the cholesterol concentration of bovine skeletal muscle [37] in situations where breeds are genetically not too far apart. However, it has also to be stated that the differences between the crossbred types found in the present study were rather small. Also, a Brazilian study showed a lower cholesterol content of the meat from *Bos indicus* bulls from a grass-based production system compared to that from *B. taurus* bulls [38]. However, the results of the latter study might have also be influenced by the finishing system applied [7]. Accordingly, cholesterol levels in *B. taurus* were higher than those *B. indicus* under a pasture-finishing regime (by about 9 mg/100 g meat), but were much higher for *B. indicus* compared to *B. taurus* in a grain feeding finishing system (by about 27 mg/100 g meat) [7]. When relating the present results to human nutritional aspects, the consumption of as much as 730 g of A×W beef (LT, SM) would represent a cholesterol intake which approaches the recommended maximum daily cholesterol intake of 300 mg per day [39]. In this context, it is also important to state that, in humans, more than half of the amount of cholesterol in the body is synthesized in the liver and, therefore, foods provide less than half to the body's cholesterol pool [30].

Conclusions

The present study revealed some significant differences between the 2 breed types investigated in meat quality, as well as some trends for such differences. Overall, tenderness seemed to be inferior, and FA profiles superior, in the White Lamphun crossbreds compared to the Holstein crossbreds. However, the differences were numerically small and, thus, maybe of low practical relevance. This is particularly true for tenderness, because overall sensory acceptability did not differ in any of the muscles. Therefore, it can be concluded that the choice of the dam breed does not seem to be restricted by low meat quality. Further studies have to make comprehensive comparisons, including growth performance, feed efficiency, and carcass and meat quality to give sound advice to beef producers based on *B. indicus* crossbreds.

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