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### Posterolateral Rotatory Instability from Multiple Steroids Injections for Tennis Elbow: A Case Report

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#### Abstract

This article reports the complication (lateral collateral ligament rupture) arising from improper numbers of steroids injections for the chronic lateral elbow pain (tennis elbow). Clinical sign and investigation with MRI confirmed a diagnosis of LCL rupture. In the present report, we describe the successful outcome of one year results in surgical debridement and lateral collateral ligament (LCL) reconstruction. A discussion of the proper conservative role for the chronic lateral epicondylalgia and the surgical decision to resolve this complication is also included.

**Keywords:** Tennis elbow, Posterolateral rotatory instability, Unstable elbow, Iatrogenic tendon rupture, LCL reconstruction

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