

Validity and Reliability of CHOICE Health Experience Questionnaire: Thai Version

Nipa Aiyasanon RN*,
Nalinee Premasathian MD, FASN*, Akarin Nimmannit MD, MSc*,
Pantip Jetanavanich RN*, Suchai Sritippayawan MD*

*Nephrology Division, Department of Medicine, Siriraj Hospital, Mahidol University, Bangkok, Thailand

Objective: Assess the reliability and validity of the Thai translation of the CHOICE Health Experience Questionnaire (CHEQ), which is the English-language questionnaire, developed specifically for End-stage-renal disease (ESRD) patients. The CHEQ comprised of two parts, nine general domains of SF-36 (physical function, role-physical, bodily pain, mental health, role-emotional, social function, vitality, general health, and report transition) and 16 dialysis specific domains of the CHEQ (role-physical, mental health, general health, freedom, travel restriction, cognitive function, financial function, restriction diet and fluids, recreation, work, body image, symptoms, sex, sleep, access, and quality of life).

Material and Method: The authors translated the CHEQ questionnaire into Thai and confirmed the accuracy by back translation. Pilot study sample was 10 Thai ESRD patients. Then the CHEQ (Thai) was applied to 110 Thai ESRD patients. Twenty-three patients had chronic peritoneal dialysis patients and 87 were chronic intermittent hemodialysis patients. Statistical analysis included descriptive statistics, Mann-Whitney U test, Student's t-test, and Cronbach's alpha.

Results: Construct validity was satisfactory with the significant difference less than 0.001 between the low and high group. The reliability coefficient for the Cronbach's alpha of the total scale of the CHEQ (Thai) was 0.98. The Cronbach's alphas were greater than 0.7 for all domains, range from 0.58 to 0.92, except the social function and quality of life domain ($\alpha = 0.66$ and 0.575).

Conclusion: The CHEQ (Thai) is reliable and valid for assessment of Thai ESRD patients receiving chronic dialysis. Its properties are similar to those reported in the original version.

Keywords: Kidney failure, Chronic, Quality of life, Questionnaires

J Med Assoc Thai 2009; 92 (9): 1159-66

Full text. e-Journal: <http://www.mat.or.th/journal>

End-stage-renal disease (ESRD) patients are among one of the fastest growing population almost everywhere including Thailand⁽¹⁾. Data from 2003 Thailand registry of renal replacement therapy revealed the prevalence of ESRD in Thailand was 112.7 per million population⁽²⁾. The impact of renal failure and associated treatment on this group of patients will definitely diminish their overall well-being and functioning^(3,4). General qualities of life combined with dialysis-related quality of life (HRQOL) are important

considerations in modifying clinical strategy and may improve patient condition and survival⁽⁵⁾.

The Thai version of Medical Outcomes Study 36-Item Short Form Survey (SF-36) was translated earlier and proven to be a valuable tool in assessing medical outcomes and medical research in Thai patients with cardiac disease⁽⁶⁾. In the United States, the CHOICE Health Experience Questionnaire (CHEQ) was developed and proven valid and reliable as the specific instrument to measure HRQOL in ESRD patients. The CHEQ comprised of two parts, 9 general domains of SF-36 (physical function, role-physical, bodily pain, mental health, role-emotional, social function, vitality, general health, report transition)

Correspondence to: Premasathian N, Nephrology division, Department of Medicine Siriraj Hospital, Prannok, Bangkok Noi, Bangkok 10700, Thailand. E-mail: sinpr@mahidol.ac.th, [nalinee2216@gmail.com](mailto:nalineee2216@gmail.com)

and 16 dialysis specific domains of the CHEQ (role-physical, mental health, general health, freedom, travel restriction, cognitive function, financial function, restriction diet and fluids, recreation, work, body image, symptoms, sex, sleep, access, quality of life)⁽⁷⁾.

The aim of the present study was to translate the validated original CHEQ into Thai and assess the reliability and validity of CHEQ-Thai version (CHEQ (Thai)) in assessing quality of life of Thai ESRD patients receiving chronic dialysis therapy.

Material and Method

Study design and subjects

This was a single center (Siriraj Hospital, Mahidol University, Bangkok, Thailand), questionnaire validation study. Between April 2005 and October 2005, one hundred and ten ESRD patients were recruited from the outpatient nephrology clinic, chronic peritoneal dialysis clinic, and chronic hemodialysis unit.

The inclusion criteria were ESRD patients receiving chronic dialysis for more than 6 months who agreed and were capable of answering the questionnaire. The institutional ethical committee approved the present study, and all subjects provided written informed consent.

Translating CHEQ

The original English CHEQ version was translated into Thai, first draft, by three nephrology staffs that were fluent in both languages. The difference in opinion of each nephrologist was reconciled in several organized meetings.

The maintaining of the original content of the questionnaire was confirmed by backward translation to English by Thai non-medical person who did not know the original English version. The different phrasings were identified by the nephrologists. The second draft of the translation was revised subsequently. The English re-back translation was performed. The process was repeated until the back translation draft was exactly the same as the original English CHEQ version. Nonetheless, there were some intentional exceptions due to cultural and/or environmental differences. The final translation, CHEQ (Thai), was completed by consensus of the nephrologists. The CHEQ (Thai) was administered to 10 ESRD patients. The nephrologists reviewed the final version of the CHEQ (Thai) after pilot testing. The enrolled 110 subjects completed the questionnaires.

Scoring

The CHEQ (Thai) has two parts, the general health questions SF-36 and the ESRD specific health questions, composed of nine and 16 domains respectively. The SF-36 section contains 36 items. The ESRD specific health questions contain 46 items. The responses of each item were transformed by the simple linear regression according to the SF-36 scoring instructions⁽⁸⁾. This transformation converted the lowest and highest possible scores to 0 and 100 respectively. Scores between these values represented the percentage of the total possible score achieved. Missing values were excluded from the analysis.

Statistical analysis

All analyses were conducted using SPSS version 13 (SPSS Inc.) Independent Student's *t*-test, and χ^2 or Fisher's exact test were used to compare the mean value and proportional difference of sex, age, education, occupation, income, environment, role in the family, marital status, dialysis duration, amount of residual urine, dependency, income, education level, and the prevalence of diabetes mellitus (DM) and coronary artery disease (CAD) between hemodialysis (HD) and peritoneal dialysis (PD) patients who completed the CHEQ (Thai).

For reliability testing, the internal stability of the instrument was accessed by Cronbach's alpha. For validation analysis, discriminant power of the CHEQ (Thai) was analyzed by comparing the mean of the 27% of the two groups with independent Student's *t*-test and Mann-Whitney U-test. A p-value of less than 0.05 was considered statistical significant.

Results

One hundred and ten ESRD patients, including 23 chronic peritoneal dialysis (PD) patients and 87 chronic hemodialysis patients completed the CHEQ (Thai). No patient refused to answer the questionnaire.

The frequency of demographic characteristics of the participants is summarized in Table 1 (demographic). In the hemodialysis group, the patients seem to be younger. Comparing with the HD group, higher proportion of patients in the PD group had DM (52% vs. 26%), CAD (33% vs. 18%) and residual urine more than 500 ml/day (35% vs. 17%), but a lower proportion of the patients in the PD group had a full time job (37% vs. 53%).

Results of internal consistency were satisfactory with Cronbach's alpha higher than 0.7 for all domains except social functioning ($\alpha = 0.66$) and

Table 1. Demographic data

	Mode of dialysis					
	PD (n = 23)		HD (n = 87)		Total (n = 110)	
	n	%	n	%	n	%
Sex						
Female	11	47.8	43	49.4	54	49.1
Male	12	52.2	44	50.6	56	50.9
Mean age (years)	61.39		54.05		55.58	
Age Group						
≤ 65	14	60.9	66	75.9	80	72.7
> 65	9	39.1	21	24.1	30	27.3
Education						
Less than bachelor degree	15	71.4	70	81.4	85	79.4
Bachelor degree or higher	6	28.6	16	18.6	22	20.6
Career						
No career	12	63.2	36	46.8	48	50.0
Full time job	7	36.8	41	53.2	48	50.0
Income						
≤ 10000 baht/month	9	56.3	48	60.0	57	59.4
>10,00 baht/month	7	43.8	32	40.0	39	40.6
Marital status						
Single	2	8.7	16	18.4	18	16.4
Married	16	69.6	58	66.7	74	67.3
Widow/Divorced	5	21.7	13	14.9	18	16.4
Own house	20	87.0	57	65.5	20	18.2
Family role: Head of Family	6	26.1	37	42.5	44	40.0
Dialysis duration						
Less than 1 year	9	39.1	17	19.8	26	23.9
1 to 3 years	8	34.8	46	53.5	54	49.5
More than 3 years	6	26.1	23	26.7	29	26.6
Residual urine						
Residual urine < 500 cc/day	15	65.2	70	83.3	85	79.4
Residual urine ≥ 500 cc/day	8	34.8	14	16.7	22	20.6
Ambulation						
Walk in	9	39.1	40	46.0	49	44.5
Need assistance	14	60.9	47	54.0	61	55.5
Coronary artery disease	10	33.4	16	18.4	26	23.6
DM	12	52.1	23	26.4	35	31.9

PD = chronic peritoneal dialysis

HD = chronic hemodialysis

quality of life ($\alpha = 0.58$) as shown in Table 2. By comparing the mean of the 27% of the two groups with independent *t*-test, all CHEQ domains were found to be significantly different at $p < 0.001$, as shown in Table 3.

The relationships of health status scales to clinical variables hypothesized to be related are listed in Table 4. Except in the SF-36 reported transition, and

CHEQ domain of financial, restriction on diet and fluids, body image, sleep access, and quality of life, which showed no difference between the dialysis groups, the authors observed the higher score in every domain of HD group. The domains that had a significant lower score in the PD groups were physical function, role physical, role emotional, social function, vitality, SF-36 general health, CHEQ role-physical,

Table 2. Reliability

Domain	Cronbach's alpha
SF-36	
Physical function	0.921
Role-physical	0.912
Bodily pain	0.788
Mental health	0.763
Role-emotional	0.886
Social functioning	0.660
Vitality	0.796
General health	0.749
CHEQ	
Mental health	0.788
Freedom	0.766
Cognitive functioning	0.824
Symptoms	0.771
Sex	0.889
Sleep	0.820
Access	0.733
Quality of life	0.575

CHEQ general health, freedom, travel restrictions, cognitive function. Quality of life scores in those who did not have DM were higher in almost every domain except the SF-36 reported transition and CHEQ financial, body image, sex, and access domains. The patients with presence of coronary artery disease responded similarly to the patients with DM i.e. lower scores in most of the SF-36 and CHEQ part. The patients older than 65 years and those without a full time job also responded lower scores in all of the SF-36 domains and most of the CHEQ domains except the CHEQ body image and sex domain. In terms of financial aspect, the patients who had a monthly income higher than 10,000 baht, approximately US\$250, provided higher quality of life scores consistently in every domain.

Discussion

During the past century, dialysis techniques have been vitally developed for the ESRD patients.

Table 3. X, SD, and t-test between the low and high score group

Domain	Mean \pm SD		p-value
	<27 percentile	≥ 73 percentile	
SF-36			
Physical function	10.65 \pm 9.11	83.59 \pm 10.18	<0.001 ^t
Role physical	0.00 \pm 0.00	95.83 \pm 9.48	<0.001 ^M
Bodily pain	45.50 \pm 11.02	97.10 \pm 4.61	<0.001 ^M
Mental health	41.94 \pm 8.76	80.00 \pm 7.84	<0.001 ^t
Role emotional	0.00 \pm 0.00	100.00 \pm 0.00	<0.001 ^M
Social function	41.25 \pm 9.93	100.00 \pm 0.01	<0.001 ^M
Vitality	36.82 \pm 9.67	74.39 \pm 8.73	<0.001 ^M
General health	18.33 \pm 7.03	69.14 \pm 7.72	<0.001 ^t
Reported transition	22.86 \pm 7.10	84.43 \pm 12.23	<0.001 ^M
CHEQ			
Role-physical	33.87 \pm 16.52	100.00 \pm 0.01	<0.001 ^M
Mental health	45.07 \pm 12.60	87.00 \pm 7.47	<0.001 ^M
General health	24.44 \pm 14.43	100.00 \pm 0.01	<0.001 ^M
Freedom	26.31 \pm 11.54	83.43 \pm 13.65	<0.001 ^t
Travel restrictions	28.85 \pm 16.76	83.80 \pm 12.03	<0.001 ^M
Cognitive function	32.64 \pm 8.04	89.09 \pm 8.30	<0.001 ^t
Financial	54.25 \pm 26.80	100.00 \pm 0.01	<0.001 ^M
Restriction on diet and fluids	14.39 \pm 12.55	81.67 \pm 11.15	<0.001 ^M
Recreation	36.90 \pm 15.85	81.62 \pm 11.11	<0.001 ^M
Work	7.55 \pm 11.46	100.00 \pm 0.01	<0.001 ^M
Body image	64.67 \pm 17.14	100.00 \pm 0.01	<0.001 ^M
Symptoms	63.20 \pm 8.91	91.26 \pm 3.94	<0.001 ^t
Sex	57.74 \pm 19.63	100.00 \pm 0.00	<0.001 ^M
Sleep	28.28 \pm 12.30	88.56 \pm 7.85	<0.001 ^M
CHEQ access	47.24 \pm 19.14	100.00 \pm 0.01	<0.001 ^M
CHEQ quality of life	37.72 \pm 12.67	83.10 \pm 7.32	<0.001 ^M

Table 4. Clinical and demographic characteristics associated with differences in specific quality-of-life domains

	Mode of dialysis		Presence of DM		Presence of coronary artery disease		Age		Career		Income (baht/month)	
	PD	HD	No DM	DM	No CAD	CAD	≤ 65	> 65	No Full time job	Full time job	≤ 10,000	> 10,000
	Mean	Mean	Mean	Mean	Mean	Mean	Mean	Mean	Mean	Mean	Mean	Mean
Physical function	29	52	55	31	54	27	54	30	35	62	46	59
Role physical	17	37	37	26	36	24	36	24	33	39	25	49
Bodily pain	68	70	71	66	73	62	71	68	66	77	67	78
Mental health	58	64	63	62	64	60	63	62	59	68	60	71
Role emotional	27	56	54	35	53	40	51	47	44	63	43	70
Social function	61	74	73	68	74	63	72	70	67	77	70	79
Vitality	49	57	57	51	57	49	58	48	49	62	53	64
General health	38	46	46	42	45	41	45	41	38	52	43	50
Reported transition	61	57	56	60	60	52	59	56	48	69	55	65
CHEQ role-physical	59	77	82	49	79	57	81	52	61	84	72	82
CHEQ mental Health	62	68	68	64	69	60	68	64	62	73	64	75
CHEQ general health	47	68	65	64	68	48	62	69	63	66	60	68
Freedom	42	57	58	42	56	47	57	45	45	63	50	62
CHEQ travel restrictions	51	68	71	45	67	57	69	51	55	73	59	76
CHEQ cognitive function	47	66	63	59	64	52	65	53	56	67	58	70
CHEQ financial	76	74	73	74	72	81	72	81	73	79	63	89
CHEQ restriction on diet and fluids	64	55	57	57	56	59	54	63	58	61	57	58
CHEQ recreation	62	65	67	63	65	63	67	58	61	70	62	71
CHEQ work	57	67	73	46	70	51	72	48	45	86	55	84
CHEQ body image	87	85	82	89	84	89	84	88	90	84	84	90
CHEQ symptoms	78	80	81	77	81	73	80	77	76	83	79	82
CHEQ sex	83	89	87	88	88	87	86	93	90	88	89	89
CHEQ sleep	64	61	64	54	65	53	65	53	53	72	58	72
CHEQ access	69	76	75	77	76	70	75	74	74	77	76	75
CHEQ quality of life	62	60	63	55	62	56	60	61	59	64	58	68

This advancement has had a tremendous impact on the survival of ESRD patients⁽⁹⁾. Caring for chronic dialysis patients implies not only the management of dialysis apparatus and dialysis-related complication, but also the holistically well-being of the patients^(10,11). Outcomes other than survival, including quality of life, are also important to consider resource utilization and patient preferences for ESRD patient care⁽⁵⁾. The questionnaire is one of the best and most commonly used instruments to evaluate and study quality of life⁽⁸⁾. The increasing number of chronic dialysis population in Thailand has created a demand for translated instruments, primarily to enable comparison, monitoring, and aggregation of results across different treatment modality groups.

In the present study, the authors performed Thai language translation and validation of the functional assessment of the translated CHEQ, CHEQ (Thai). Many problems might occur during both the translation and validation process. Frequently, alterations in wording or content of the translated instruments are necessary to pass the validation process⁽¹²⁻¹⁵⁾. The unique characteristics of each language, environment, and way of life may pose a semantic difficulty. For instance, in translating the English version “walking one block” with the intention to access the exercise tolerance will not be accurate in Thailand. Our city plan is different and the distance between each building block varies. The authors decided to use the actual distance in meter and kilometer, which is quite familiar to layman Thai language instead. Another adjustment was changing “4 weeks” as in original English version to 1 month in the CHEQ (Thai). In piloting, these patients understood the terms very well and the accuracy of the meaning/intention was maintained. Asian people usually feel reluctant to answer the question regarding sexual activity. Surprisingly, most of the presented patients answered it appropriately, there were only six patients who left all three items in the sex domain unanswered.

The reliability of the CHEQ (Thai) is comparable to the original CHEQ version⁽⁷⁾. The Cronbach’s alphas of all domains were higher than 0.7, except in the social function (0.66) and CHEQ quality of life (0.57) domains. This observation was similar to the original CHEQ version, *i.e.* 0.66/0.76 and 0.57/0.68 for CHEQ (Thai)/original CHEQ respectively. These internal consistency levels, representing Cronbach’s alpha, is comparable to the recent Asian data from Taiwan, alpha range 0.68-0.80⁽¹⁶⁾. All tests for validity, listed in the table discriminative index, show that the

CHEQ (Thai) is suitable for evaluating quality of life in Thai dialysis patients.

In the presented dialysis population, the HD patient group had a higher score on three domains of SF-36 part (physical function, role-physical, and vitality), and five domains of CHEQ part (general health, traveling, and cognitive function). This better quality of life difference may be due to higher proportion of elderly in the PD group. PD patients will be limited with traveling as most of the presented patients use CAPD. A few patients who reported relative flexibility of traveling were those who were prescribed CCPD. The authors’ finding is similar to a previous report that PD patients had the advantage on fluid and dietary restriction^(7, 17).

It is understandable that the PD group with more proportion of elderly should inevitably feel less active, less able to do vigorous or even regular chores. The older patients in the PD group had more patients with DM and CAD. These two important comorbidities would result in a worse quality of life as previously described probably due to decreased energy, increase in complications, problems with pain and depression⁽¹⁸⁾. The most striking finding in the present study is the advantageous impact of higher income and the employment status on the quality of life. The patients who had full time jobs reported better quality of life in every domain except the body image and sex domains. One can imagine an active person with a PD catheter must have worried about their figure more than an inactive person staying at home. In Thailand dialysis is not provided to every citizen, the cost of dialysis obviously is one of the most important issues. The poor quality of life in patients with lower income is not unexpected and was previously described⁽¹⁹⁾. Even in the US, the change in Medicare reimbursement was one of the modality/methods to improve quality of care and outcomes⁽²⁰⁾.

Conclusion

In summary, we have described the translation, and adaptation of a well-known instrument for quality of life assessment in chronic dialysis patients, the CHEQ, for use in Thai dialysis patients.

The current study reports observations on the reliability, and the validity of the Thai translation of the CHEQ. The result suggested that this translation is well suited, valid and reliable for use in Thai dialysis population. We conclude that the CHEQ (Thai) is a useful index of co morbidity in Thai dialysis patients, and could be used in routine care.

Acknowledgements

This work was supported in part by Routine to Research grant no. 04MD38020/001/005, a grant from Siriraj Hospital, Mahidol University. We are very grateful to Dr. Somkiat Vasuvattakul and Professor Dr. Sumalee Nimmannit for valuable suggestions and discussions in the early phase of this study, and Ms. Nancy E. Fink for her kind and prompt response in supplying and answering questions on the original English CHEQ version. Dr. Sucheera Phattharayuttawat is gratefully acknowledged for her advice on statistical method and calculation. We thank Miss Nattaporn Jitsuwantaya and Miss Pongpen Boonkleang for their dedicated and hard work on data collection. Part of this study was presented as an oral presentation at "To Commemorate The 60th Anniversary Celebration of His Majesty's Accession to the Throne Siriraj-Ramathibodi Medical Congress" on April 21, 2006.

References

1. Friedlander MA, Hricik DE. Optimizing end-stage renal disease therapy for the patient with diabetes mellitus. *Semin Nephrol* 1997; 17: 331-45.
2. Kririttichai U, Supaporn T, Lekhyananda S, Teepprasan T, Tungsiripat R, Chittinandana A, et al. Thailand registry of renal replacement therapy, 1997-2003. *J Nephro Soc Thai* 2003; 9: 210-25.
3. Evans RW, Manninen DL, Garrison LP Jr, Hart LG, Blagg CR, Gutman RA, et al. The quality of life of patients with end-stage renal disease. *N Engl J Med* 1985; 312: 553-9.
4. Valderrabano F, Jofre R, Lopez-Gomez JM. Quality of life in end-stage renal disease patients. *Am J Kidney Dis* 2001; 38: 443-64.
5. DeOreo PB. Hemodialysis patient-assessed functional health status predicts continued survival, hospitalization, and dialysis-attendance compliance. *Am J Kidney Dis* 1997; 30: 204-12.
6. Krittayaphong R, Bhuripanyo K, Raungratana-amporn O, Chotinaiwatarakul C, Chaowalit N, Punlee K, et al. Reliability of Thai version of SF-36 questionnaire for the evaluation of quality of life in cardiac patients. *J Med Assoc Thai* 2000; 83 (Suppl 2): S130-6.
7. Wu AW, Fink NE, Cagney KA, Bass EB, Rubin HR, Meyer KB, et al. Developing a health-related quality-of-life measure for end-stage renal disease: The CHOICE Health Experience Questionnaire. *Am J Kidney Dis* 2001; 37: 11-21.
8. Kimmel PL, Patel SS. Quality of life in patients with chronic kidney disease: focus on end-stage renal disease treated with hemodialysis. *Semin Nephrol* 2006; 26: 68-79.
9. Mc Bride P. The development of hemodialysis and peritoneal dialysis. In: Nissenson AR, Fine RN, editors. *Clinical dialysis*. 4th ed. New York: McGraw-Hill; 2005: 1-25.
10. Cleary J, Drennan J. Quality of life of patients on haemodialysis for end-stage renal disease. *J Adv Nurs* 2005; 51: 577-86.
11. Walters BA, Hays RD, Spritzer KL, Fridman M, Carter WB. Health-related quality of life, depressive symptoms, anemia, and malnutrition at hemodialysis initiation. *Am J Kidney Dis* 2002; 40: 1185-94.
12. Cella D, Hernandez L, Bonomi AE, Corona M, Vaquero M, Shiimoto G, et al. Spanish language translation and initial validation of the functional assessment of cancer therapy quality-of-life instrument. *Med Care* 1998; 36: 1407-18.
13. Fukuhara S, Bito S, Green J, Hsiao A, Kurokawa K. Translation, adaptation, and validation of the SF-36 Health Survey for use in Japan. *J Clin Epidemiol* 1998; 51: 1037-44.
14. Canales S, Ganz PA, Coscarelli CA. Translation and validation of a quality of life instrument for Hispanic American cancer patients: methodological considerations. *Qual Life Res* 1995; 4: 3-11.
15. Wagner AK, Gandek B, Aaronson NK, Acquadro C, Alonso J, Apolone G, et al. Cross-cultural comparisons of the content of SF-36 translations across 10 countries: results from the IQOLA Project. *International Quality of Life Assessment. J Clin Epidemiol* 1998; 51: 925-32.
16. Yang SC, Kuo PW, Wang JD, Lin MI, Su S. Quality of life and its determinants of hemodialysis patients in Taiwan measured with WHOQOL-BREF(TW). *Am J Kidney Dis* 2005; 46: 635-41.
17. Kutner NG, Zhang R, Barnhart H, Collins AJ. Health status and quality of life reported by incident patients after 1 year on haemodialysis or peritoneal dialysis. *Nephrol Dial Transplant* 2005; 20: 2159-67.
18. Athienites NV, Miskulin DC, Fernandez G, Bunnapradist S, Simon G, Landa M, et al. Comorbidity assessment in hemodialysis and peritoneal dialysis using the index of coexistent disease. *Semin Dial* 2000; 13: 320-6.
19. Sesso R, Rodrigues-Neto JF, Ferraz MB. Impact of socioeconomic status on the quality of life of ESRD patients. *Am J Kidney Dis* 2003; 41: 186-95.
20. Mentari EK, DeOreo PB, O'Connor AS, Love TE,

Ricanati ES, Sehgal AR. Changes in Medicare reimbursement and patient-nephrologist visits,

quality of care, and health-related quality of life. Am J Kidney Dis 2005; 46: 621-7.

การแปลแบบทดสอบความเที่ยงตรงและความน่าเชื่อถือของแบบวัดคุณภาพชีวิตของผู้ป่วยไตวายเรื้อรังในคนไทย

นิภา อัยยสานนท์, นลินี เปรมษ์เจียร, อัครินทร์ นิยมมานิตย์, ปานทิพย์ เจตนาวณิชย์, สุชาย ศรีทิพย์วรรณ

วัตถุประสงค์: เพื่อให้มีแบบสอบถามที่เป็นเครื่องชี้วัดคุณภาพชีวิตอันเป็นที่ยอมรับสากลสำหรับผู้ป่วยด้วยโรคไตวายเรื้อรังสำหรับคนไทย

วัสดุและวิธีการ: 1) ขอลิขสิทธิ์การแปลแบบสอบถาม CHEQ (CHOICE Health Experience Questionnaire) เป็นภาษาไทย 2) แพทย์เฉพาะทางโรคไต 3 ท่านแปล CHEQ เป็นภาษาไทย 3) นำแบบสอบถามที่ได้ไปให้ผู้เชี่ยวชาญทางด้านภาษาแปลกลับมาเป็นภาษาอังกฤษ (back translation) ให้ได้ข้อความที่คงความหมายเดียวกัน 4) นำแบบสอบถามให้ผู้ป่วยจำนวน 5-10 คนอ่านเพื่อค้นหาคำถามในแบบสอบถามที่ยังไม่ชัดเจน และปรับปรุงแบบสอบถามจนผู้ป่วยสามารถเข้าใจได้ดี 5) นำแบบสอบถามไปให้ผู้ป่วยกลุ่มตัวอย่างทำเพื่อทดสอบความเที่ยงตรง (reliability and validity) ของแบบสอบถาม

ผลการศึกษา: แบบสอบถาม CHEQ ฉบับภาษาไทยที่ได้มีค่าความเที่ยงตรง และค่าความเชื่อมั่นสัมประสิทธิ์ครอนบาคอัลฟา (Cronbach's alphas) เป็นที่น่าพึงพอใจใกล้เคียงกับแบบสอบถามต้นฉบับ และสามารถนำมาประเมินคุณภาพชีวิตของผู้ป่วยไตวายเรื้อรังได้จริง
